

7 DAYS OF PRAYER

Book One:

Pure



A Dig Deep Belief Book

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7 DAYS OF PRAYER - PURE

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Preface

Hi everyone, it's Ben here, and thank you so much for downloading this book. After running this Instagram account for a while, I started to think about how I could create a free resource to accompany the account.

It can be quite a challenge to remain consistent with Instagram because every day is different and there are always plenty of things which can get in the way of my evening uploads. The same is true for writing a book, particularly a long one, and so I decided to release it one chapter at a time!

This is the first of 7 chapters, which I intend to combine into one book in about 6 months time. There is a pdf and audio version, as I know that people generally prefer one or the other.

These first 7 prayers focus on some of the basics of the Christian faith: Being created in God's image, sin, grace, faith, the Holy Spirit, the Church, and the call to tell others about the good news of Christ's death and resurrection. I pray that the prayers bless you and encourage you in your faith. God bless.

Day One: Creation

“So God created mankind in his own image. In the image of God he created them; male and female he created them.”

(Genesis 1:27 NIV)

In the first chapter of the Bible, we find the astonishing truth that we are created in God’s image, a privilege unique to humans. What an honour this is, and how important it is to ask our Heavenly Father how to live out our identity as his children.

Heavenly Father, the Bible tells me that you were there in the beginning, and that before there was a world, there was, and always had been, a creator. No god was formed before you, no god will be formed after you. You are the only God, eternally existing as Father, Son, and Holy Spirit. For in the beginning was also the Word, who would one day, at just the right time, become flesh and live among us in Christ. “In the beginning”, says Genesis, the Spirit of God hovered over the waters.

It is from you, the only God, that all things were made, and yet, in all the variety of created things, it is only human beings who have been made in your image. I thank you for this incredible privilege and I ask that you help me to honour you, as the Lord who has given me life, in my daily words and actions.

Please lead me by your Spirit and help me to be a faithful follower of Jesus, as day by day, you reveal your purposes to me, and show me how to be the person you created me to be. In Jesus name, I pray. Amen.

Day Two: Sin

“When the woman saw that the fruit of the tree was good for food and pleasing to the eye, and also desirable for wisdom, she took some and ate it. She also gave some to her husband, who was with her, and he ate it.” (Genesis 3:6 NIV)

God created us in his image and gave us a beautiful world to live in. Yet, scripture reminds us that we have each gone astray. Let us confess our failings to God today, for he is merciful and good.

Heavenly Father, it's tragic to think that although you gave us a perfect world, we chose to turn away from you. As I read of how Adam and Eve sinned against you in the garden, I remember the words of Isaiah 53:6, that, “We each, like sheep, have gone astray, each of us has turned to our own way.”

Lord, I cannot stand in judgement of others, because I know that I too have sinned. I too have chosen to go my own way and have ignored the precepts you have given me.

I thank you, that you are good, and that while “in Adam, all have died, yet, in Christ, all shall be made alive.” Please forgive me for my sins. For all those times I have ignored you, or wilfully broken your ways. I repent, renouncing my sin and choosing instead to lean on your grace, and commit my path to you.

May I continually seek your ways and ask your Spirit to guide me. I put myself into your hands afresh this day. In Jesus name, I pray. Amen.

Day Three: Grace

“He saved us, not because of righteous things we had done, but because of his mercy...having been justified by his grace, we might become heirs having the hope of eternal life.”

(Titus 3:5a & 7 NIV)

As Christians we have the joy of knowing that our relationship with our Heavenly Father has been restored. Yet, this was not achieved by us but rather through the grace of God shown to us in Jesus Christ, at the cross.

Heavenly Father, I praise you, today, for the incomparable grace you have lavished upon me. For when I was caught in the grip of sin, and powerless to help myself, you offered me redemption. Not because of anything righteous I had done, but because of your great mercy and loving heart towards me.

I thank you that your grace is sufficient for me, and that in my weakness you have been strong. What a joy to know that through Jesus, I have been made right with you, and justified in your presence.

Please help me to live in the knowledge of your grace today, knowing that the God of all creation entered into the world he had made, and even though it had turned against you, you gave us the right to become children of God.

Help me to serve you, that you might use me as a sign of your incredible grace to others. In Jesus name, I pray. Amen.

Day Four: Faith

“For it is by grace you have been saved, through faith, and this is not from yourselves, it is a gift of God.”

(Ephesians 2:8 NIV)

Now that Jesus has atoned for our sins by dying in our place on the cross, he calls us to accept his great gift by faith and walk in that freedom each day.

Heavenly Father, now I have celebrated the truth that I have been saved by grace, I now cling to that promise in faith. I place the anchor of my soul in the sure and certain hope you have given me in Jesus and ask that this might be the foundation on which I build my life.

May my daily actions be inspired by my faith in you, so that the love of Christ might be reflected in my life, as a sign of your grace, to others.

Help me to deepen my faith in you, Lord. May I learn to trust you more each day, so that I am not afraid to trust the outcomes of the decisions I make into your sovereign hands.

Lord, I thank you that you know the fragility of my heart. You know how easy it can be for me to be blown this way and that, by every wind of teaching, or outside influence. You knew that I would be unable to attain perfection on my own, and so instead, you have brought atonement for my sin, and have called me to live a simple life of trust. I renew my trust in you today, and pray this in the name of Jesus Christ, my Saviour. Amen.

Day Five: The Holy Spirit

“For his Spirit joins with our spirit to affirm that we are God’s children.” (Romans 8:16 NLT)

By giving us atonement for our sin, God purifies us of all unrighteousness and comes to dwell within us by his Spirit. Let’s give him thanks and ask for his guidance in our lives.

Heavenly Father, I thank you that by grace and through faith in your Son, Jesus Christ, my heart has been purified so that on the last day, I may be presented before you blameless, without fault, and with great joy!

Yet, Lord, even now I have great reason to rejoice, for now my heart has been cleansed, it has also become a temple, where you come to dwell by your Holy Spirit. I thank you for the incredible honour of your presence in my heart, and I pray that you might lead me and show me all you are doing, each day.

I thank you that as your Spirit renews my heart, today, it is also a guarantee that, one day, you will make everything new! Lord, in you the nations hope, and in you I put my hope also.

Please reveal to me the path you want me to take, and the spiritual gifts, which you have given me to use for your glory. May all that I do be shaped and guided by your Spirit, knowing that by your power at work in me, you are able to do immeasurably more than I can ask for or even imagine. I lift my voice in praise to you once more, today. In Jesus name. Amen.

Day Six: The Church

“Now you are the body of Christ, and each one of you is a part of it.” (1 Corinthians 12:27 NIV)

We each have the privilege of a personal relationship with God, and yet, the Lord is also building a people for himself. Let’s take this time today to pray for our brothers and sisters in Christ.

Heavenly Father, I thank you that you have called me into a personal relationship with you. Yet, at the same time, I know that you have also called me into relationship with my fellow believers. Together, we are the body of Christ and each one of us has been called by you to play an important part within it.

I thank you, today, for my brothers and sisters in Christ, and that because of them, I do not have to walk this journey of faith alone. Lord, sometimes it can be hard to get on with each other in the Church, and so I ask that you fill me with patience and devotion, so that we might be able to bear with one another in love, as your word teaches.

Lord, none of us are perfect. We have all sinned, and yet, we have all been forgiven and restored by your grace. Please help me to forgive others, as you have forgiven me. Please help me to grow in the gift of encouragement, so that I may be someone who helps to build others up in love. May you also grant me the gift of godly friends, that I may also be encouraged, and praise you for all you’re worth. In Jesus name, I pray. Amen.

Day Seven: Telling others

“We are therefore Christ’s ambassadors, as though God were making his appeal through us. We implore you on Christ’s behalf: Be reconciled to God.”
(2 Corinthians 5:20 NIV)

It is a joy to receive the saving grace of Jesus and it is our calling to share that joy with others as we follow God’s call to be ambassadors for him.

Heavenly Father, I thank you that in Christ, you were reconciling the world to yourself, and that because of your grace I can be known as a friend of God!

Lord, as a disciple of Jesus, you have called me to be an ambassador for him, calling others to receive the gift of reconciliation, which you offer. I pray, Lord, that you would help me to take that calling seriously, so that I may seek daily guidance from your Spirit, on how to make Christ known.

Please strengthen my faith in you, that I may not be ashamed of the good news but would share it with others. Please help me to recognise the evangelistic opportunities which come my way. Please show me how to speak your truth in love, so that others may see your own heart of love reflected in me.

I pray that you would help me not to lose sight of the grace I have received from you, so that I may always know the joy and wonder of my salvation and live daily by faith and not by sight. This I pray in the name of Jesus, your Son, and my Saviour. Amen.

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A final word

Thank you for downloading and reading this first book. I hope it has been a blessing to you. If you have found this book helpful, then please do stay tuned for book 2 by following the @digdeepbelief Instagram account. God bless.

7 DAYS OF PRAYER

Book One: Pure

This is the first of 7 prayer books, which will eventually be combined into a final book called "7 weeks of prayer".


Each book will have a different focus, and this first one revolves around the concept of purity.

Through Jesus, God atones for our sins, a gift, which when accepted in faith, bestows upon us purity by grace, which is gifted and not worked for.

This first book begins at the creation of human beings and covers topics such as sin, grace, faith, the Spirit, the Church and telling others about Jesus. I pray that it is a blessing to you and encourages you in your faith.

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the @digdeepbelief
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